

Dealing with Cockroaches

Cockroaches are among the most common insects. Based on fossil evidence, cockroaches are known to have been present on Earth for over 300 million years.

Once you've seen cockroaches in your home or apartment, odds are there are many more out of view. When embarking on your journey to eradicate cockroaches, try the following strategies:

You can make your own insecticide

Simply mix equal parts of baking soda and powdered sugar and setting up a mock bait plate for the cockroaches. After mixing your sugar and soda, leave the mixture in a shallow dish where cockroaches have been seen or are known to travel. The combination of sugar and soda is lethal to the cockroach.

Cockroaches hate the taste of bay leaves.

You can naturally and safely keep most cockroaches at bay by placing the leaves anywhere you've seen cockroaches moving. Using bay leaves is a great way to keep cockroaches out of the rooms and play areas of children.

Don't water the cockroaches!

Cockroaches can survive months without eating, but they need a daily source of water. Never leave water in the sink, in dirty dishes, or other areas of the house. Check other sources of water as well, such as leaky plumbing, under-refrigerator dampness, and concrete sweating. Wipe all traces of water from the sink after you've done the dishes and wipe down the bath area after use.

Clean, clean, clean!

Cockroaches naturally gravitate toward areas which are littered with cockroach droppings. Use a detergent or disinfectant to thoroughly clean the area and deter a re-infestation. On concrete floors and walls, you can use a mixture of bleach and water to disinfect the area. Other services can be cleaned with everyday cleansers or antibacterial soaps and scrubs.